

APPENDIX.

[It has been thought unnecessary to print all the Appendices to the Report.]

APPENDIX C.

COMPARATIVE STATEMENT of FOOD consumed in Lunatic Asylums by each Patient Weekly. Averages.

	Meat.	Extra Gelatine.	Bread.	Peeled Potatoes.	Average Vegetables.	Sugar.	New Milk.	Skim Milk.	Buttermilk.	Oatmeal.	Rice.
Seacliff.											
Dietary before modification.											
Ounces	70	..	128	37.5	24	8.75	..	56	14	7.5	..
Carbon	6,961.5	..	15,800	1,796	654	1,612	..	1,533	339	1,327	..
Nitrogen	690	..	704	51	20	150	38.5	64	..
Dietary after modification.											
Ounces	50	.7	103	111	39.3	11.3	35	60	14	21.06	..
Carbon	4,972.5	151	12,714	5,321	1,056	2,011	1,310	1,642	339	3,727	..
Nitrogen	493	56	566	152	32	..	96	161	38.5	179	..
England.											
Ounces	36.3	..	121	50	11.3	7	33.5	2.8
Carbon	3,627	..	14,936	2,400	303	1,293	1,250	475
Nitrogen	359.5	..	666	68	9	..	92	12

	Barley.	Peas.	Butter.	Treacle.	Cheese.	Flour.	Beer.	Tea.	Currants and Raisins.	Total Weekly.	Total Daily.
Seacliff.											
Dietary before modification.											
Ounces	4	2	5.5	1.75	..	10	..	1.75*	1.5
Carbon	665	337	1,700	261	..	1,688	34,673	4,953
Nitrogen	23	31	73	1,844	263
Dietary after modification.											
Ounces	4	6	4.4	1.5	.3	12	..	1.63†	2.2
Carbon	665	1,012	1,253	224	65	2,025	38,487	5,498
Nitrogen	23	93	6	87	1,982	283
England.											
Ounces	6.4	..	3.2	6.7	56	1.05
Carbon	1,834	..	672	1,130	958	28,878	4,125
Nitrogen	61	48	1	1,317	188

* Chinese.

† Ceylon.

CEREALS in above Diets calculated in terms of Bread.

	Bread.	Oatmeal.	Barley.	Flour.	Total Weekly.	Total Daily.
Seacliff.						
Before modification.						
Ounces.. ..	128	11	5	13	157	22.3
Carbon.. ..	15,800	1,327	665	1,688	19,480	2,733
Nitrogen	704	64	23	73	864	109
After modification.						
Ounces.. ..	103	30	5	16	154	22
Carbon.. ..	12,714	3,727	665	2,025	19,131	2,733
Nitrogen	566	179	23	87	855	108
England.						
Ounces.. ..	121	9	130	18.4
Carbon.. ..	14,936	1,130	16,066	2,295
Nitrogen	666	48	714	102